

Drama Techniques: Developing Self-Expression, Communication, and Social Skills for All Students

Day 1 – Course introduction

- Introduction to the course, the school, and the external week activities;
- Icebreaker activities;
- Presentations of the participants' schools;
- Exercises for Observation;
- Body techniques.

Day 2 – Team building

- “Cooperation” Day;
- Team spirit exercises.

Day 3 – Methods for focusing

- Techniques for Concentration;
- “Memory” exercises;
- Understanding Rhythm.

Day 4 – Reflexes

- Playing with our Reflexes;
- Reflexes & Rhythm.

Day 5 – Get creative

- “Creativity” Day;
- Expanding our Imagination;
- Presentations of participants.

Day 6 – Course closure & cultural activities

- Course evaluation: round-up of acquired competencies, feedback, and discussion;
- Awarding of the course Certificate of Attendance;
- Excursion and other external cultural activities.